

# 6<sup>th</sup> Annual Live Head / Neck Surgical Workshop (Endoscopic & Endoscope-assisted)

November 15-16 (Fri-Sat), 2019



# Head and Neck Forum VII Managing Morbidity | Courting Controversy

November 16-17 (Sat-Sun), 2019

Hotel ITC Fortune Avenue & Patel Hospital, Jalandhar, Punjab.

Endorsed By:- Foundation for Head & Neck Oncology | Indian Association of Surgical Oncology  
Association of Otolaryngologists of India - North West Zone | Association of Surgeons of India | Indian Medical Association  
Organised by:- Multidisciplinary Cancer Symposium

Dear Friends,

With your support, The Head and Neck Forum has become an annually recurring focused physician initiative in the region, with a cumulative attendance of over 2200 doctors and over 50 accredited academic hours over six editions. This initiative has the following aims: Expanding outreach and physician knowledge, Updating the oncology fraternity for better patient outcomes, and Encouraging structured thinking and decision-making in young clinical minds.

This multidisciplinary activity has been conducted every time under the aegis of the Punjab Medical Council, by a not-for-profit organization- the Multidisciplinary Cancer Symposium, duly endorsed by the Oncology Committee of IMA Punjab and other pertinent regional/ national organizations, and organized by the Head and Neck Multidisciplinary Team at Patel Hospital, Jalandhar.

We are glad to announce the **Seventh Edition of the Head and Neck Forum** and the **6<sup>th</sup> Annual Endoscopy-themed Live Head and Neck Surgery Workshop**, to be conducted **November 15 to 17, 2019** at Jalandhar along with the following organizations: the Indian Medical Association (IMA), Foundation for Head and Neck Oncology (FHNO), Indian Association of Surgical Oncology (IASO), Association of Surgeons of India (ASI) and the Association of Otolaryngologists of India (AOI)- North West Zone.

### The focus subjects (one day each) include:

- Mitigation of pre-treatment, intra-treatment and post-treatment morbidity for true optimization of care of head/neck and other cancers.
- Controversies in the management of head and neck cancers, to aid formulation of best management practices in evidence-insufficient yet commonplace clinical scenarios.
- Endoscopic live operative workshops aimed at propagation of sensible application of minimally invasive surgery across the spectrum of head and neck surgery/otolaryngology in the indicated patient subsets.

### TARGET AUDIENCE

Head and Neck Surgeons  
Otolaryngologists  
Radiation Oncologists  
Medical Oncologists  
Surgical Oncologists  
Maxillofacial Surgeons  
Reconstructive Surgeons  
General Surgeons  
Anesthetists  
Radiologists  
Pathologists  
Nuclear Medicine Physicians  
Pulmonologists  
Endocrinologists  
Physicians  
Speech / Swallowing Therapists  
Nutritionists  
Physiotherapists

### HIGHLIGHTS

- Resolution of controversies in Head & Neck cancers through debates and discussions
- Discussions on all aspects of Morbidity mitigation in Head & Neck cancer
- Key opinion leaders & national faculty
- Live operative workshops in Head & Neck Surgery and Otolaryngology

We believe that this constitutes another unique initiative to help our target groups share perspectives and develop a better understanding of head and neck disease. The registration has been highly subsidized as always, to enable everyone to partake of the academic and social interactions. The trainees will have a separate mini-forum to enable them to impart a subspecialty focus to their future years of practice.

North India in mid-November is characterized by pleasant climate, festive spirits and a zeal to learn, as exemplified by the many meetings at this time of year. Jalandhar is better connected than ever before, with three regional airports offering direct flights between all Indian hubs, and seamless railway and road connectivity.

We invite you to participate scientifically and socially, as we take another step on this journey.

Looking forward to hosting you at Jalandhar.



Regards, Organizing Committee, Forum VII and  
the Head and Neck Multidisciplinary Team at Patel Hospital.



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## SCIENTIFIC PROGRAM

**Endoscopic live operative workshops, Patel Hospital & Hotel ITC Fortune Avenue, Jalandhar**  
Fri, 15th November, 2:30PM - 8:30 PM Endoscopic and Endoscope - Assisted Otolaryngology  
Sat, 16th November, 8AM-11:30 AM Endoscopic Laser & Robot -Assisted Head & Neck Surgery

### SATURDAY, 16th November **MANAGING MORBIDITY**

#### 1135-1330 **Session on pretreatment mitigation of morbidity**

- Strategies for nicotine cessation: Induction and maintenance
- Preoperative and anesthetic considerations in major and microvascular surgery
- Dental prophylaxis/treatment prior to therapy initiation: Why they are essential
- Pretreatment radiology: Reading between the slices
- TWIN TALK: Ancillary tools to help best manage the laryngeal lesion:
  - Laryngoscore/NBI
  - Stroboscopy/ FEES
- The applicability of preoperative risk assessment tools in head and neck disease in India
- Optimizing a patient for multimodality treatment: The essentials
- SESSION HEADLINER: Viable and practical strategies for cancer detection and surveillance in India
- **PANEL DISCUSSION ON PRE-TREATMENT MITIGATION OF MORBIDITY**

#### 1330-1405 **Lunch**

#### 1405-1620 **Session on intra-treatment mitigation of morbidity**

- TWIN TALK Surgical measures to prevent dysphagia and post-treatment sequelae in oral cancer
- Surgical and reconstructive modifications to optimize voice and swallowing outcomes in laryngopharyngeal cancer
- DARS optimizing radiation therapy for laryngopharyngeal cancer: myth or boon
- Identifying and solving the issue of cisplatin unsuitability
- Management of mucositis: utilizing standard and novel agents
- Fluid/electrolyte management and critical care during multimodality management of head and neck cancer
- Surgical pathology: Reading between the lines
- Dietary modifications during head and neck cancer treatment and indications for enteric intervention
- SESSION HEADLINER- The role of minimally invasive surgery in morbidity mitigation
- **PANEL DISCUSSION ON INTRA-TREATMENT MORBIDITY MITIGATION**

#### 1620-1635 **Coffee break**

#### 1635-1830 **Session on post - treatment mitigation of morbidity**

- Management of xerostomia: An interplay of specialties
- Prevention and management of trismus post oral cancer treatment
- Management of post-thyroidectomy hypocalcemia: An algorithmic approach
- Interventional strategies for decannulation and voice optimization
- Rehabilitation of dysphagia: Postures, maneuvers and consistencies
- Restoration of dentition: Strategies and timelines
- Role of protons in mitigation of long term toxicities of head and neck cancers
- SESSION HEADLINER: Rehabilitation of facial contour defects and scar revision
- **PANEL DISCUSSION ON POST-TREATMENT MITIGATION OF MORBIDITY**

#### 1830-1900 **Inauguration**

#### 1930 onwards **Cocktails and Dinner**

### SUNDAY, 17th November **COURTING CONTROVERSY**

- 0800-0830
- QUIZ PRELIMS
- 0830-0850
- **DEBATE I - Early cancer of the vocal fold**
  - Laser resection
  - Radiation therapy

- 0850-0915
- **DEBATE II- Best management of oral premalignant lesions in Indian scenario**
  - Active surveillance/Cessation
  - Chemoprevention
  - Excision

## SCIENTIFIC PROGRAM

0915-0935	<b>DEBATE III - Laryngeal keratosis necessitating cordectomy, minimally symptomatic</b> <ul style="list-style-type: none"><li>• CO<sub>2</sub> laser excision</li><li>• Biopsy followed by observation</li><li>• Active surveillance/cessation</li></ul>
0935-0955	<b>DEBATE IV - Immobile cord in functional larynx with cancer- Initial modality</b> <ul style="list-style-type: none"><li>• Chemoradiation</li><li>• Surgery</li></ul>
0955-1015	<b>DEBATE V - Mucoepidermoid carcinoma parotid (Intermediate grade) post extracapsular excision</b> <ul style="list-style-type: none"><li>• Parotidectomy</li><li>• Radiation therapy</li><li>• Observation</li></ul>
1015-1035	<b>DEBATE VI - Well lateralized single node positive T2 oropharyngeal cancer- Initial modality</b> <ul style="list-style-type: none"><li>• Chemoradiation</li><li>• TORS</li><li>• TOUSS</li></ul>
1035-1055	<b>DEBATE VII - Approach for remote access thyroidectomy</b> <ul style="list-style-type: none"><li>• Retro-auricular</li><li>• Trans-axillary</li></ul>
1055-1115	<b>Coffee break</b>
1115-1135	<b>DEBATE VIII - Palpable low risk thyroid cancer (Solitary nodule 1-4 cm)</b> <ul style="list-style-type: none"><li>• Hemithyroidectomy</li><li>• Total thyroidectomy</li></ul>
1135-1150	<b>DEBATE IX - RAI refractory recurrent/metastatic DTC</b> <ul style="list-style-type: none"><li>• Sorafenib</li><li>• Lenvatinib</li></ul>
1155-1220	<b>DEBATE X - Node negative intermediate and high risk papillary thyroid cancer</b> <ul style="list-style-type: none"><li>• Central compartment clearance</li><li>• Selective sampling</li><li>• Observation</li></ul>
1220-1240	<b>DEBATE XI - Low infratemporal fossa involvement in the 'Indian' (gingivobuccal) cancer</b> <ul style="list-style-type: none"><li>• Directed clearance</li><li>• Compartmental resection</li></ul>
1240-1305	<b>DEBATE XII - Unresectable/ metastatic head and neck cancer post Platinum/RT- Agent of choice</b> <ul style="list-style-type: none"><li>• Cytotoxic</li><li>• Immunotherapeutic</li><li>• Targeted</li></ul>
1305-1330	<b>DEBATE XIII - Total pharyngeal reconstruction post laryngopharyngectomy</b> <ul style="list-style-type: none"><li>• Jejunum</li><li>• Skin-lined free flap</li><li>• Pectoralis major</li></ul>
1330-1350	<b>DEBATE XIV - Post maxillectomy for cancer</b> <ul style="list-style-type: none"><li>• Flap reconstruction</li><li>• Obturation</li></ul>
1350-1430	<b>Lunch</b>
1430-1450	<b>DEBATE XV - Oral tongue defect (30-50% volume)</b> <ul style="list-style-type: none"><li>• Flap reconstruction</li><li>• Primary closure</li></ul>
1450-1515	<b>DEBATE XVI - Extensive ITF involvement in oral cancer- Initial modality</b> <ul style="list-style-type: none"><li>• Neoadjuvant chemotherapy</li><li>• Surgery</li><li>• Chemoradiation</li></ul>
1515-1535	<b>DEBATE XVII - Erosion of dental socket in an alveolar primary lesion</b> <ul style="list-style-type: none"><li>• Marginal mandibulectomy</li><li>• Segmental mandibulectomy</li></ul>
1535-1600	<b>Open house on margins in head &amp; neck cancer</b>
1600-1645	<b>Trainee MINI FORUM</b> <ul style="list-style-type: none"><li>• Lessons learnt from a randomized controlled trial</li><li>• Stump the faculty</li><li>• TRAINEE QUIZ</li></ul>
1645-1700	<b>Tea and Local Snacks / Adjourn</b>

## Faculty

Dr. Alok Thakar	Dr. JC Passey	Dr. P.P. Singh
Dr. Amit Agarwal	Dr. Kannan S	Dr. Ravi Meher
Dr. Anil D'Cruz	Dr. Kaustubh Patel	Dr. Richa Vaish
Mr. Arun Balaji	Dr. KK Handa	Dr. Sapna Nangia
Dr. B Srinivasan	Dr. Kumar Prabhash	Dr. Sheh Rawat
Dr. Daxesh Patel	Dr. Manish Munjal	Dr. Sowrabh Arora
Dr. Deepak Balasubramanian	Dr. Murad Lala	Dr. Subramania Iyer
Dr. Devavrat Arya	Dr. Neeti Kapre	Dr. Surender Dabas
Dr. Devender Rai	Dr. Nirav Trivedi	Dr. Vijay Haribhakti
Dr. Dushyant Mandlik	Dr. Pawan Gupta	Dr. Vikram Kekatpure
Dr. Harpreet Singh	Dr. Purvish Parikh	Dr. Vipin Arora
Dr. Ishwar Singh	Dr. Purvi Patel	Dr. Vishal Rao

## International Faculty ; Dr. Syed Naweed Raza (MD, FRCSC, FACS), Michigan

Dr. Ajay Bibra	Dr. JS Sekhon	Dr. Rakesh Vig
Dr. Akshata Desai	Dr. Karan Sharma	Dr. Raman Abrol
Dr. Amit Dhiman	Dr. Kunal Jain	Dr. Raman Gupta
Dr. Anil Suri	Dr. KS Sodhi	Dr. Ravinder Verma
Dr. Anirudh Kaul	Dr. Manish Munjal	Dr. Rishav Garg
Dr. Ashish Varghese	Dr. Manish Gupta	Dr. Sajal Kakkar
Dr. Awadesh Pandey	Dr. Manjit Jaura	Dr. Sandhya Sood
Dr. Ayush Makkar	Dr. Manjit Singh	Dr. Sanjay Wadhwa
Dr. Ashutosh Gupta	Dr. Meena Sudan	Dr. Sanjeev Bhagat
Dr. Bikramjit Singh	Dr. MK Mahajan	Dr. Satish Jain
Dr. BS Johal	Dr. Navdeep Singh	Dr. Satish Mehta
Dr. Deepak Abrol	Dr. Neeraj Jain	Dr. SC Sharma
Dr. Devendra Gupta	Dr. Om Prakash	Dr. Shubh Mahindru
Dr. DS Dhillon	Dr. Paras Khanna	Dr. Sonika Kanotra
Dr. Gagandeep Singh	Dr. Pardeep Garg	Dr. Sunil Kotwal
Dr. Grace Budhiraja	Dr. Parmod Kalsotra	Dr. Sumeet Jain
Dr. GB Singh	Dr. Parveen Kaur	Dr. Tanuj Thapar
Dr. GS Gill	Dr. Pawan Arora	Dr. Tanveer Singh
Dr. GS Jammu	Dr. PN Mahajan	Dr. Vikas Roshan
Dr. Harinder Singh	Dr. PS Bakshi	Dr. Vikram Sood
Dr. Harish Nanda	Dr. Prahlad Duggal	Dr. Vinay Aggarwal
Dr. Harsimran Tuli	Dr. Raja Paramjit Singh	Dr. Vinod Nimbran
Dr. Hemant Chopra	Dr. Rajat Bhatia	Dr. VK Vasudev
Dr. Jai Lal Devassar	Dr. Rajesh Vashistha	Dr. Yash Sharma
Dr. Jaskaran Singh	Dr. Rajiv Devgan	Dr. Yashpal Gupta
Dr. Jatin Sarin	Dr. Rajeew Kapila	
Dr. JP Singh	Dr. Rajeew Seam	
	Dr. Rakesh Kapoor	

## THE HEAD & NECK MDT AT PATEL HOSPITAL

### Head & Neck Surgery

Dr. Shamit Chopra  
 Dr. Ramandeep Kaur  
 Dr. Vibhu Ranjan Sahni  
 Dr. Shishir Jain  
 Dr. Karthik.M  
 Dr. Satyapal Singh

### Anesthesia

Dr. Sunil Lakhwani  
 Dr. Jasleen Kaur

### Radiation Oncology

Dr. Shikha Chawla  
 Dr. Anchal Aggarwal  
 Dr. Sajal Goel

### Radiology

Dr. Ruhi Karwal  
 Dr. Jasdeep Singh

### Nuclear Medicine

Dr. Rajesh Sachdeva

### Medical Oncology

Dr. Anubha Bharthuar  
 Dr. Jatinder Kumar Arora

### Cardiology

Dr. Naveen Khanna

### Pathology

Dr. Simarpreet Kaur  
 Dr. Ankita Sharma

### Critical Care

Dr. Amit Madaan

**6<sup>th</sup> Annual Live Head / Neck  
Surgical Workshop  
(Endoscopic & Endoscope-assisted)**

**Head and Neck Forum VII  
Managing Morbidity | Courting Controversy**

Name:.....

Institution Name : .....

Contact Address : .....

.....

Contact email : ..... Contact No : .....

Registration Rates :-	Early Bird	After Oct 15th
Regular Registration	1500/-	2500/-
Subsidized rate for local IMA members, residents & trainees	1000/-	1500/-

Specially subsidized rates for HN Forum/night (please call hotel directly and mention HN Forum Patel Hospital while booking)	
Hotel Ramada Encore (0.5 km from venue)	
Twin Sharing	Single Occupancy
INR 3200 (AI)	INR 3800 (AI)
Ph.: 0181 5017272 / 95042-72000	

**REGISTRATION OPTIONS:**

**Option 1 :- NEFT/RTGS**

**Step I :-** Please deposit the full amount of registration at the details below :

**Bank detail**

Beneficiary name – MULTIDISCIPLINARY CANCER SYMPOSIUM

Current A/c no – 50200004328576

Bank- HDFC

IFSC Code - HDFC 0000046

Branch- 911, G.T. Road, Jalandhar, Punjab (India)

**(You can transfer the payment upon addition of beneficiary within 30 mins.)**

**Step II :-** Mail a scanned copy of this registration form with the deposit slip to the conference secretariat or headnecksurgery@patelhospital.com

**Option 2 :- CHEQUE/DD**

Kindly make the cheque/DD in the favor of **“MULTIDISCIPLINARY CANCER SYMPOSIUM”** & mail the cheque /DD with this completed registration form to the conference secretariat.

**Conference Secretariat :**

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**In case of any queries :**

Please contact the registration desk at 09216274444

or send a mail to headnecksurgery@patelhospital.com

## By Air

	Distance from venue :	Approx time by road
Amritsar Airport (ATQ)	100 km	2 hrs
Chandigarh Airport (IXC)	155 km	3 hrs
Adampur (Jalandhar) Airport-(AIP)	30 km	0.5 hrs

## By Train

EXPRESS TRAINS CONNECTING JALANDHAR TO DELHI/AMBALA/LUDHIANA/AMRITSAR/JAMMU				
Train	Train No.	Departure (Delhi)	Arrival (Jalandhar)	Days
Shan e Punjab	12497	06:40 am	02:54 pm	Su/M/Tu/W/Th/F/Sa
Swarn Shatabdi	12029	07:20 am	12:20 pm	Su/M/Tu/W/F/Sa
Sachkhand	12715	12:30 pm	06:50 pm	Su/M/Tu/W/Th/F/Sa
Amritsar Shatabdi	12013	04:30 pm	09:30 am	Su/M/Tu/W/Th/F/Sa
Jammu Mail	14033	08:10 pm	03:20 am	Su/M/Tu/W/Th/F/Sa

## By Road/local transport

City	Distance from venue	Expected Time in Min.	Approx Taxi fare (Subsidized for HN forum)
Chandigarh	150 KMS	150 Min.	INR 3000-4000
Ludhiana	70 KMS	90 Min.	INR 2000-2500
Amritsar	79 KMS	90 Min.	INR 2000-2700
Shimla	256 KMS	360 Min.	INR 5000-7500
Ambala	170 KMS	160 Min.	INR 4000-5000
Delhi	386 KMS	420 Min.	INR 7000-8500

For further information/booking regarding taxi, call : Mr. Dyal Singh, 092162-64444.  
Mention HN Forum Patel Hospital at the time of booking.

For bus schedules, visit [www.redbus.in](http://www.redbus.in) or [www.indocanadian.in](http://www.indocanadian.in)

## MAP OF VENUES

